

Metatarsal Support

Too much pressure on the ball of foot can cause, pain, nerve damage, and foot deformity. A metatarsal support reduces forefoot pressure by redistributing weight before the met heads. This offloading can relieve pain and prevent further damage to the foot.



An Orthotic with a metatarsal support can reduce the most forefoot pressure together. This is done by loading body weight in the arch and just before the metatarsal heads. Selecting a neoprene full length top cover will also increase comfort by dramatically increasing the amount of cushion the met heads can push down into.